



SAUGE ET BASILIC

COOKING FOR LOVE

CHAIN LETTERS

Sample & Explanations



How the chain letter works :

Find these explanations on: <https://saugeetbasilic.com/cooking-for-love-letters/>

When you receive a recipe :

1) Take a picture of the dish you made with the recipe (accompanied by the letter you received if you wish).

2) Send this photo to Sauge & Basilic so that it can be shared:

- o If you have a public Instagram account: Post the photo by tagging @sauge.and.basil with the hashtag #cookingforloveletters

- o If your Instagram account is private: Send the photo with a caption in a private message to @sauge.et.basilic

- o If you don't have an Instagram account: Send your photo via the blog: www.saugeetbasilic.com/contact

Photos will be shared on Instagram and on a dedicated page of the blog www.saugeetbasilic.com

To continue the chain letters:

1) Choose a recipe that is close to your heart and that you want to share with people you love.

2) Take out your best pen, some nice stationary, or a nice card and write down the recipe.

3) Send your recipe to a dozen people of your choice with this explanatory letter and an accompanying letter (example below) that you can find attached on: <https://saugeetbasilic.com/cookingforloveletters>

Your name
Your Address

Date

Dear

I hope this letter finds you in good spirits. I am writing to you today to share with you one of my favorite recipes.

I, myself, received a similar letter a few days ago. It is a chain of handwritten letters born from the idea of transmitting, through a recipe, our love because cooking is, above all, an act of love!

Receiving a handwritten letter is a rare pleasure nowadays, yet it is such a beautiful way to send our feelings. I like this idea very much, and I wanted to continue this chain with you by sending you, with all my love, **my recipe of....**

It is a recipe that I particularly like **because**

I hope that this recipe will make your mouth water and will make you want to cook it to treat yourself and those you love. If you like the idea, you can continue this chain and transmit your love to people you care about by sending them your favorite recipe as well.

Take a picture of the recipe I sent you once you have prepared it, and send it to Sauge & Basilic (see below) to be shared.

With all my love,

Signature